## THE INTEGRITY TEST

Telling the truth. Being honest with your words.
Keeping your word. Doing what you said you would do.
Showing up on time. To meetings, work, appointments.
Managing your money. Paying your bills, spending responsibly, living within your means.
<b>Doing your job.</b> Giving your boss or your clients an honest day's labor for an honest day's pay.
Sharing credit. At work, at home, giving people proper credit for what they do.
Internet Browser History. Which web sites are you looking at?
Conversation. Talking to others, talking about others, your vocabulary.
Giving. This includes tithing and sharing your abundance with others.
<b>Helping others.</b> Being willing to inconvenience yourself in order to do something good for someone else.
Managing your emotions. Anger, self-pity, pride, bitterness, arrogance, patience.
Respect. Treat people with dignity, regardless of color or position or economic status.
Prayer life. If you are a Christian, is prayer a foundational part of your life?
Bible study. Are you spending time in the Word each day?
Worship. I'm not just talking about church attendance, I'm talking about private devotional worship, where everyday you surrender to and celebrate the Lordship of Jesus Christ.
Total Score

(Grade yourself on a scale of 1-10 on your level of integrity for the past 3 months in each category – 1 being low and 10 being high. Total your score of all 15 items.)